



## **Class of 2022 - 2023 Program Outline**

### Program Goals:

- To build and strengthen relationships with other emerging community leaders
- To learn and practice leadership skills and apply them in personal, professional and community settings
- To better understand the work of local nonprofits and area businesses
- To learn about the past, present and future of Greater Mankato
- To gain perspective and information from experts and community leaders

*A program of:*



# Program Goals & Outline

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## **Session 1a    The Leadership Challenge – Day 1 – September 15** *Introductory Session, Goal Setting*

### **Goals**

- To begin developing relationships with your classmates
  - To learn more about Greater Mankato Growth, Inc., its Business Units and the Community
  - To set a nine-month goal for yourself to complete or achieve during the course of this program
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## **Session 1b    The Leadership Challenge – Day 2 – September 16 (Sept. 23 rain date)** *Minnesota State University Challenge Course*

### **Goals**

- To build and strengthen relationships with your fellow class members
  - To practice active listening skills and effective team communication
  - To build trust in yourself and your team
  - To challenge yourself to reach higher goals
  - To support and celebrate the accomplishments of others
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## **Session 2    Greater Mankato’s History/The Importance of Arts and Culture in a Vibrant Community– October 12**

### **Goals**

- Gain a deeper appreciation for our community’s history and the people and businesses that helped form our early economy
  - Provide background on the importance of arts and culture in a vibrant community.
  - Inform class members about the history of the Minnesota Legacy Amendment, and specifically about the Arts and Cultural Heritage portion of the funding.
  - Introduce key leaders in the local arts scene and provide insight into how many area art installations and projects came to be.
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A program of:



**Session 3     What's my emotional intelligence?  
What's my leadership style? – November 9**

**Goals**

- To provide session participants a framework for understanding their emotional intelligence
  - To equip session participants with additional skills to sharpen their self-awareness, self-management behaviors, social awareness behaviors, and relationship management behaviors
  - To provide an opportunity to share ideas and collaborate with session participants about emotional intelligence for personal and professional development
  - To connect with session participants to design individual action plans that apply emotional intelligence to the work environment
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**Session 4     Serving Our Community - December 14**

**Goals**

- Define your talents and areas of passion and how they align with serving your community
  - Understand the questions you should ask yourself before agreeing to volunteer
  - Expand your awareness of area non-profit organizations
  - Explore options to serve on committees, boards, or civic/service clubs
  - Participate in a new volunteer experience
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**Session 5    Embracing Diversity – January 11**

**Goals**

- Explore your personal stereotypes, prejudices, and attitudes
  - Deepen your understanding of the changing landscape of our population and understand how it affects our economy and workforce
  - Learn ways that you can embrace diversity and inclusion in your workplace and personal life
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## **Session 6      Communication and Leadership – February 8**

### **Goals**

- Provide participants with knowledge about the science behind how individuals communicate and offer relevant and applicable training to help class members become more effective communicators.
  - Learn how to run more effective meetings
  - Gain new skills by practicing crucial conversations and learning new ways to lead by communicating in an assertive manner
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## **Session 7      Effective Advocacy & Civic Engagement – March 8-9 Overnight in St. Paul (alternate dates March 15-16)**

### **Goals**

- Review how local and state government operates and how you can be an effective advocate on issues important to you and our community
  - Hear community, regional, and state updates from public staff and elected officials on key areas
  - Be informed of Greater Mankato's top community needs of government
  - Expand your relationship with your fellow classmates during this two-day session
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## **Session 8      Effective Leadership: Essential Ingredients – April 12**

*You are a leader. No matter where you work within an organization's structure, a key concern of yours should be, "Am I an effective leader?"*

### **Goals:**

- Revisit the importance of clearly knowing your core values that guide ethical decision-making
  - Receive conflict competency suggestions (knowledge, skills and abilities) that positively impact leadership effectiveness
  - Experience the tensions leaders face when navigating through ambiguity and complexity
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**Session 9      Identifying your Goals & Priorities,  
Graduation Celebration - May 10**

**Goals**

- Create a compelling future where you're excited to wake up every morning
  - Determine your life's purpose statement
  - Identify mental barriers that get in your way and learn strategies to overcome them
  - Determine the daily emotions that will allow you to pursue your compelling future
  - Celebrate the completion of your Leadership Institute journey
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*Please note that programming may change due to speaker or venue availability.*