



GREATER
MANKATO
GROWTH



2023 - 2024



GREATER
MANKATO
LEADERSHIP
Institute

A program of Greater Mankato Growth
presented by

REBAR  LEADERSHIP



Program Outline

Greater Mankato Leadership Institute Class of 2023 - 2024

For over 40 years, the Greater Mankato Leadership Institute has been the premier comprehensive leadership training program with a community focus. The program consists of a full-day session each month from September to May and a two-day session that includes an overnight trip to the State Capitol in Saint Paul. Each year, the curriculum is updated to ensure graduates are well prepared to serve as leaders in their workplace and our community.

PROGRAM GOALS

- Build relationships with other emerging business and community leaders.
- Learn, practice, and apply leadership skills in personal, professional, and community settings.
- Gain new perspectives from industry experts and community leaders.
- Learn about the work of local nonprofits and available volunteer opportunities.
- Learn about the history of Greater Mankato and the importance of retaining historical records.

APPLY TODAY

Greater Mankato Leadership Institute is an exclusive program for Greater Mankato Growth members at Engaged or higher levels. Tuition for the 9-month program is \$2,499 and includes all materials, meals, transportation, and lodging for the two-day civic engagement in Saint Paul. Participants are expected to attend all sessions. Class members will not be eligible to graduate from the program if more than two of the full-day sessions are missed. In order to foster an effective learning environment, class size is limited to 40 participants.

Applications will be considered in the order they are received. To help ensure your spot in the upcoming class, please apply early.
Application deadline: June 15, 2023.



greatermankato.com/leadership



Session 1a

Thursday, September 21, 2023

The Leadership Challenge

Introductory Session, Team Building, and Ropes Course Preview

GOALS:

- Begin to develop meaningful relationships with your classmates.
- Interact with other community leaders and hear about their challenges and successes as they grew in their roles.
- Learn about the importance of developing a sense of self as you grow as a leader.
- Participate in fun team building activities and learn what to expect as you ready yourself for the Minnesota State University, Mankato High Ropes & Challenge Course the next day.



Session 1b

Friday, September 22, 2023

The Leadership Challenge

Minnesota State University, Mankato High Ropes & Challenge Course

GOALS:

- Build and strengthen relationships with your fellow class members.
- Practice active listening skills and effective team communication.
- Build trust in yourself and your team.
- Challenge yourself to reach higher goals.
- Support and celebrate the accomplishments of others.

Accommodations can be made for participants with physical disabilities or those not comfortable with the high ropes challenge. Rain date: September 29.





Session 2

Tuesday, October 10, 2023

What's My Emotional Intelligence? What's My Leadership Style?

GOALS:

- Become familiar with a framework for understanding your emotional intelligence.
- Learn new skills to sharpen your self-awareness, self-management behaviors, social awareness behaviors, and relationship management behaviors.
- Share your ideas and collaborate with class members about emotional intelligence for personal and professional development.
- Design an individual action plan that applies emotional intelligence to the work environment.

Session facilitator: Scott Morrell, Owner, Rebar Leadership.

Class members will receive the book *Emotional Intelligence 2.0* by Travis Bradberry and have an opportunity to complete the accompanying online assessment to use during this session.



Session 3

Wednesday, November 15, 2023

Greater Mankato's History (AM) Managing Difficult Conversations & Negotiations (PM)

GOALS:

- Gain a deeper appreciation for our community's history and the people and businesses that helped form our early economy.
- Learn about the Blue Earth County Historical Society and Museum.
- Learn how to disagree without being divisive.
- Practice active listening and empathetic responding.
- Learn phrases to speak to your need without saying something you might regret.
- Find out what you need to know before negotiations start.
- Learn a negotiation framework to create a win-win outcome.

Afternoon session facilitated by Nan Gesche, Teamwork Expert.



Session 4

Wednesday, December 13, 2023

Serving Our Community

An immersive session on community volunteerism during the holiday season

GOALS:

- Define your talents and areas of passion and how they align with serving your community.
- Understand the questions you should ask yourself before agreeing to volunteer.
- Expand your awareness of area non-profit organizations.
- Explore options to serve on committees, boards, or service/civic clubs.
- Participate in a new volunteer experience.



Session 5

Wednesday, January 10, 2024

Embracing Diversity in Our Community and Workplaces

GOALS:

- Explore personal stereotypes, prejudices, and attitudes.
- Deepen your understanding of the changing landscape of our population and understand how it affects our economy and workforce.
- Learn ways you can embrace diversity and inclusion in your workplace and personal life.





Session 6

Wednesday, February 14, 2024

The Importance of Agriculture in Our Region

GOALS:

- Hear about the economic impact of agriculture in our area and our community's global reach through ag.
- Learn about GreenSeam and the organization's goal of supporting growth and innovation within the ag industry.
- Tour local ag-related businesses and learn about their importance to our regional economy.



Session 7

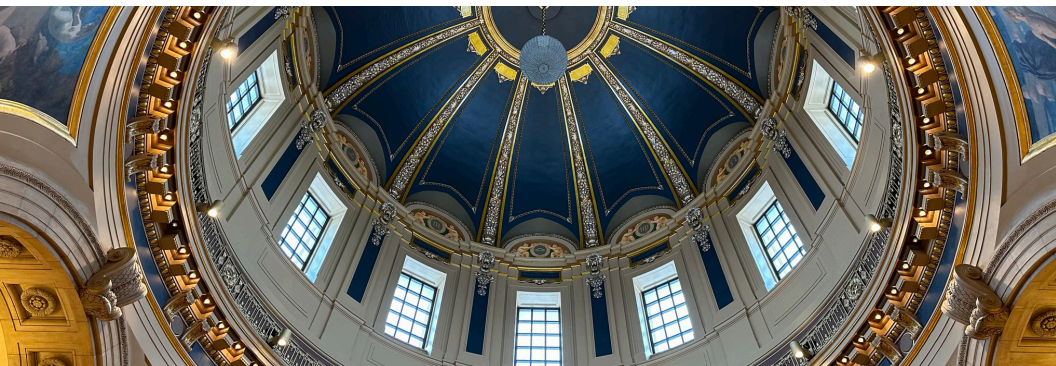
Wednesday, March 13 /
Thursday, March 14, 2024

Effective Advocacy & Civic Engagement

Overnight in St. Paul

GOALS:

- Review how local and state government operate and how you can be an effective advocate on issues important to you and your community.
- Learn from local elected officials about the election process and what it's like to hold an elected office in our community.
- Hear community, regional, and state updates on key areas from public staff and elected officials.
- Learn about Greater Mankato Growth's legislative priorities.
- Expand your relationship with fellow classmates during this two-day session.





Session 8

Wednesday, April 10, 2024

Leadership Effectiveness, Conflict Competency, and Ethics

You are a leader. No matter where you work within an organization's structure, a key concern of yours should be: "Am I an effective leader?"

GOALS:

- Revisit the importance of clearly knowing your core values that guide ethical decision-making.
- Receive conflict competency suggestions (knowledge, skills, and abilities, that positively impact leadership effectiveness.
- Experience the tensions leaders face when navigating through ambiguity and complexity.

Session facilitator: Scott Morrell, Owner, Rebar Leadership.



Session 9

Wednesday, May 8, 2024

Identifying Your Goals and Priorities & Graduation Celebration

GOALS:

- Create a compelling future where you're excited to wake up every morning.
- Determine your life's purpose statement.
- Identify mental barriers that get in your way and learn strategies to overcome them.
- Determine the daily emotions that will allow you to pursue your compelling future.
- Celebrate the completion of your Leadership Institute journey.

Session facilitator: Dr. Cindra Kamphoff, author of *Beyond Grit* and *Beyond Grit for Business*.

Graduation Celebration at the Mankato Golf Club to follow, including cocktails and heavy hors d'oeuvres. Class members are encouraged to invite special guests, such as significant others or supervisors.

** Please note: programming may change due to speaker or venue availability.*

